



Group offers

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| • Breathwork and Sound Journey : Soma Breathwork, Sound Healing | 120mins | 850 Mts p/p |
| • Sound Journey : | 60mins | 500 Mts p/p |
| • Expressive Arts Therapy : | 120mins | 850 Mts p/p |
| • Yin Yoga and Sound Journey : | 75mins | 500 Mts p/p |
| • Chakra Cleanse Meditation : Sound Healing, Mudra, Visualization, Affirmations | 90mins | 650 Mts p/p |
| • Mixed Media Healing Session : A mix of the above | 120mins | 850 Mts p/p |
| • Yoga Class (All options ok: Pre-natal, elderly, power, yin, hatha) | 75mins | 500 Mts p/p |
| • Moon/ Cacao Ceremonies +price of of Cacao if that option is chosen | 90mins | 650 Mts p/p |

Private Sessions

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| • All above offers can be done privately | 1,500 - 2000 Mts |
| • Tarot Reading | 1,500 Mts |

